**CVI SYMPOSIUM 2012** 

# Old and New STENT Technology for CAD

### Luis F. Tami, MD Cardiac Cath Lab Director Memorial Regional Hospital

# We began about 35 Years ago! **Andreas Gruentzig**



# 1939 - 1985



AHA Meeting, Nov 1976, Miami, Florida

# About Andreas Gruntzig's presentation at the AHA 1977

".....it was standing room only and after the presentation, the audience stood and applauded, almost unheard of at a scientific meeting."



First live demonstration in Zurich in 1978

Gruntzig pioneered live demonstrations as a way to learn and master procedures.

..... And even today

#### Live Demonstration, Miami, Oct 2012



11,800 attendees from 52 countries. 46.5 hrs of life cases

## **PCI: Incremental Improvements**



# First Report of Coronary Stenting in 1987



#### INTRAVASCULAR STENTS TO PREVENT OCCLUSION AND RESTENOSIS AFTER TRANSLUMINAL ANGIOPLASTY

Ulrich Sigwart, M.D., Jacques Puel, M.D., Velimir Mirkovitch, M.D., Francis Joffre, M.D., and Lukas Kappenberger, M.D.

N Engl J Med 1987; 316:701-6

Ulrich Sigwarth (Lausanne, Switzerland 1986) First human coronary implantation Stents initially rejected due to stent thrombosis and bleeding due to anticoagulation

Coronary stents — implantation of foreign bodies into stenotic human coronary arteries: dream or nightmare?



# Why to Stent?

 Mechanically scaffold the artery and create a larger lumen predictably

Prevent / treat abrupt vessel closure

Reduce restenosis



## **Basic strut types / Construction**

1. Laser-cut stents start as a tube, a laser removes material and a stent remains. Laser-cut stent production leaves square (blunt) edges.



Squared edges

**2. Metallic rings** are formed into sinusoidal elements that are fused together to comprise a modular stent.



Ultrathin, smooth, rounded struts



#### ALL OTHER STENTS

12 57 BES

Driver, Endeavor

#### Continuous Helical Technology for stent strut construction

Continuous Helical Technology	0.0038"	
2992	↓ 0.0034" ↓	
222 -	0.0030" 	
566	• 0.0025" 	
	0.0020"	

• Enhance deliverability and conformability without compromising strength & opacity

Integrity, Resolute

## AS A RESULTS OF STENTS...

# Interventional Cardiologist sleep better at night



# The Limitation of Bare Metal Stents: RESTENOSIS



#### LATE LOSS = Intimal Hyperplasia

# SOLUTION: Drug-Eluting Stents First Generation



## **CYPHER Stent: First patient 10 Years**



# Success over In-Stent Restenosis!!

### The Sirolimus-Eluting Stent (Cypher)



FDA Approval in US: APRIL 2003

*Bx VELOCITY<sup>TM</sup>Stent* - Stainless steel stent Drug carrier: - Blend of 2 polymers (PEVA + PBMA) Sirolimus (~ 10um thick)



# **One Year later: TAXUS Stent**

#### Drug



#### Paclitaxel

- Binds tubulin
- Stabilizes microtubular deconstruction
- Multi-cellular
- Multi-functional
- Cytostatic at low dose

#### Polymer



#### Translute<sup>™</sup>

- Polyolefin derivative
- Uniform
- Biocompatible
- Elastomeric
- Provides controlled release

#### Stent



#### Express<sup>2</sup>

- Stainless Steel
- Maverick balloon system
- Flexible
- Deliverable

# 1<sup>st</sup> Generation DES.... the good, the bad, and the ugly!



# Late SES Stent Thrombosis

#### **Need for prolonged DAPT**

Baseline

After 2 Cypher St Late Stent Thrombosis at 3.5 yrs

# **STENT FRACTURE**

59 yr old LIMA to LAD. Graft failed and native LAD stent done in 1997 (initial) Native LAD stented with 2 Cyphers (1,2)

#### Subsequent restenosis

- 1. Cypher 3.5 x 33
- 2. Cypher 3.5 x 13
- 3. Cypher 3.5 x 8



# ABNORMAL VASOMOTION DUE TO ENDOTHELIAL DYSFUNCTION

American Medical Journal 3 (2): 75-81, 2012 ISSN 1949-0070 © 2012 Science Publications

**Coronary Endothelial Dysfunction after Drug-Eluting Stent Implantation** 

Shigenori Ito Division of Cardiovascular Medicine, Nagoya City East Medical Center 1-2-23 Wakamizu, Chikusa-Ku, Nagoya-Shi, Aichi-Ken, 464-857, Japan

STATE-OF-THE-ART PAPER

#### The First-Generation Drug-Eluting Stents and Coronary Endothelial Dysfunction

Lakshmana K. Pendyala, MD,\* Xinhua Yin, MD, PHD,† Jinsheng Li, MD, PHD,† Jack P. Chen, MD,† Nicolas Chronos, MD,† Dongming Hou, MD, PHD† Louisville, Kentucky; and Atlanta, Georgia



PES 2.75 \* 30 mm TAXUS 6 month follow-up, Baseline A. BMS 3.5 \* 18 mm A3 A1 6 month follow-up, Baseline

# **DES RESTENOSIS**





America's Largest Private Companies Howard Stern–Is Anyone Listening? SCORE! Hockey Is Hot Again

NOVEMBER 27, 2006 WWW.FORBES.COM

STENTS DEFIBRILLATORS SPINAL DISCS ARTIFICIAL KNEES

Are These As Safe As

# DES = "a million ticking time bombs"

You Thin Risk of DES thrombosis even years after implantation

7, 2006

# Stent Thrombosis



## **In-stent Neoatherosclerosis**



Thin Cap Fibroatheroma 5 yrs after a BMS Left (Magnified view): Macrophages infiltrating thin fibrous cap

### **In-stent Neoatherosclerosis**



Foamy Macrophages with early necrotic core in a Cypher stent after 13 months

# **Neoatherosclerosis: Earlier in DES**



#### **Blood Vessels change overtime:** IVUS images of stent malapposition



IVUS SUBSTUDY OF HORIZONS. Guo N et al. Circulation 2010;122:1077-1084

## Current DES in the U.S. Second Generation stents



About <u>30 DES approved in Europe</u>. About 80% DES used are the above listed. About 20% of market share are "other stents".

### **Everolimus-Eluting Stents: New standard**

Polymer: PBMA & PVDF-HFP (7µm thickness)

#### XIENCE V (CoCr-EES)





#### PROMUS Element (PtCr-EES)





PBMA=poly (n-butyl methacrylate) (primer layer); PVDF-HFP=poly (vinylidene fluoride-co-hexafluoropropylene) (drug matrix layer)

Stone GW et al. JACC 2011; 57:1700–8

## **Endeavor DES System**

#### **Driver Cobalt Alloy Stent**



#### **PC Carrier**



#### **Stent Delivery System**



#### **Drug: Zotarolimus**





# **Resolute DES System**

Integrity Cobalt Alloy Stent

Stent Delivery System

#### **Drug Elution**

#### Comparison to 180 days



### Late Loss\* (mm) at 8-9 months In-stent late loss



# **DES Strut and Polymer Thickness**



3.0 mm diameter stents, 500x magnification

# NOT ALL DRUG ELUTING STENTS ARE THE SAME !

## **STENT THROMBOSIS: Landmark analysis**

Bern Rotterdam (n=12,339 pts)



Räber et al, Circulation 2012

## **RESOLUTE All Comers Randomized Trial**

Very Late Stent Thrombosis (Definite/Probable) 1-3 Years



Patients at Risk			
Resolute ZES	1140	1108	1081
CI%	0.00	0.27	0.55
Xience- ES	1152	1107	1083
CI%	0.00	0.27	0.56
%DAPT Resolute ZES Xience EES	12mths 84.4 83.5	24mths 18.4 18.3	36mths 13.8 13.4

Late Stent Thrombosis is a phenomenon of first generation DES (Cypher and Taxus). Evidence suggest safety of second generation DES (Xience, Promus Element and Resolute)

In fact, Xience has gained approval in Europe for 3 months of DAPT

Reason: <u>More biocompatible durable polymers</u>: -Fluoropolymers (Xience and Promus) -Phosphorylcoline / BioLinx (Endeavor / Resolute)

# **Drug-Eluting Stents** WHICH NEEDS TO GO AND WHICH NEEDS TO STAY?



# Polymer (drug carrier) has to go !

Bioabsorbable Polymers: - Synergy

- BioMatrix
- Excella
- Inspiron
- EPC Combo
- Polymer-Free: Drug-filled stent
  - BioFreedom
  - Translumina
  - Vestasyn



### **Drug-Eluting Technology Evolution**

<u>Current DES</u> Conformal Biostable Polymer <u>SYNERGY™ DES</u>

Abluminal Bioabsorbable Polymer



#### Drug elution controlled by diffusion Drug Filled Stent without polymer











# Bioabsorvable Vascular Scaffolds (BVS)\*: New Scientific Breakthrough

\***Def.** Temporary vascular stent, termed "scaffold" due to its being based on a temporary bioresorbable platform.

# Fully Bioresorbable Stents (Scaffolds)

Igaki-Tamai

**BVS** 

#### **REVA**





PLA

#### PLA (everolimus coat)

**Iodinated tyrosine**polycarbonate (with PTX)

PAE-salicylate (with sirolimus)

Magnesium

#### PLLA = Poly (L-lactide)

PLLA is used in numerous clinical items, such as resorbable sutures, soft tissue implants, orthopedic implants, and dialysis media.



Interconnected with amorphous chains



#### PLLA DEGRADATION PATHWAY



# **BVS Degradation**



#### Mechanical integrity has disappeared by 12 months.

#### Restoration of vasomotion at 12 MONTHS

#### Ergonovine (n=13 patients)





# **Bioresorption is a real phenomenon**

# NON APPOSED Corrugated

#### Smooth

#### Baseline

#### 6 months

#### 2 years

Serruys et al. Lancet 2009

#### Scaffold healing results in plaque coverage: Can capping plaques prevent future Myocardial Infarctions? Progressive sealing and shielding of calcified plaque



Magnified images at BL, 6M and 2Y, using the radio-opaque markers as a landmark.

#### Not only the BVS can cap the plaque... late lumen enlargement is observed!!!



# **Bioabsorbable Vascular Scaffolds**

#### Revascularization

- Provides transient mechanical support needed: 3-6 months
- Drug delivery that modulates healing

#### **Vessel Restoration**

- Normal vessel physiology is restored: Vasomotion, pulsatility and shear forces

#### Resortion

Gradual fading of stent without major inflammatory changes.
Lumen dimensions are preserved or enlarge. Smooth endothelial surface is restored.

#### Igaki-Tamai bioabsorbable stent Non-drug eluting

#### First BVS implanted in human in 2000 (50 pts)



Ormiston J A , Serruys P W Circ Cardiovasc Interv 2009;2:255-260

#### Igaki-Tamai PLLA stent 10 yr OCT images



Onuma Y, Serruys PW Circulation 2011;123:779-797

# **Everolimus eluting BVS (Abbott)**



SEM Gen 1.0 Cohort A clinical trial (2yr FU)



SEM Gen 1.1 Cohort B clinical trial (ongoing)

- More uniform support and drug application
- More radial strength and longer duration of support
- Storage room temp instead of refrigeration
- Delivery performance similar to metallic stent. Design like a Multi-Link stent
- Strut thickness 150 u and platinum markers at ends

# **Absorb Trial: OCT Results**

#### **Post-stenting**

#### 6-month

24-month



Complete strut apposition

Late acquired incomplete stent apposition with tissue bridges between the struts

**Corrugated endolumen** 

Smooth endoluminal lining

Struts largely disappeared although remnant just visible (arrow)

#### Serruys et al Lancet 2009

# **Drug-Eluting Balloons**

SeQuent<sup>®</sup> Please Paccocath<sup>®</sup> Technology – B. Braun In.Pact Invatec



**DIOR® - EuroCor** 



Elutax<sup>®</sup> - Aachen Resonance



Cricket™ Mercator



Genie™ Acrostak



ClearWay™ Atrium



# CONCLUSIONS

- Stents are the standard of care in PCI
- DES eliminated restenosis in most patients
- First generation stents (Cypher and Taxus) are associated with LST / VLST, ED, SF, and accelerated neoatherosclerosis.
- Second generation stents (Xience, Promus and Resolute) have resolved some of these safety issues (and <u>should not carry the stigma of first generation</u> <u>stents</u>)
- Further safety with new DES designs (absorbable polymers or no polymers)
- BVS is the next frontier
- The delivery of drugs (DEB) and "scaffolding" arteries will become more common than "stenting" arteries

# Thank you !